

## Scholars Encouraged to Work Hard and Stay Connected

At the 2013 McNair Scholars Recognition Reception on Friday, April 26, we honored our graduating seniors, as well as those who make the McNair Program at the University of Nebraska–Lincoln truly outstanding. Emcee for the event was McNair Scholar Kenneth Herron.

An inspirational message was presented by McNair alumnus Masoud Mahjouri Samani, who shared his experiences as an immigrant from Iran, an undergraduate UNL McNair Scholar, and then as a successful graduate student.

While attending technical high school in Iran, Masoud focused on electrical subjects because he enjoyed the multidisciplinary nature of this field where physics, mathematics, and material science meet. Because of his religious beliefs, he was denied an advanced education, so at the age of 20 he immigrated to the United States. The first hurdle he faced was to learn English, which he did in short time by taking Intensive English Program classes at UNL.

As an undergraduate electrical engineering major at UNL, Masoud learned of the McNair Program through his wife, Sahar Hasim, a biological sciences major. Masoud applied, was accepted to the program, and began to conduct research with Dr. Yongfeng Lu in the Department of Electrical Engineering.



Masoud Mahjouri Samani, Ph.D.  
UNL McNair Scholar 2006-08

Masoud was a McNair Scholar from 2006–2008, and earned his bachelor's in electrical engineering in May 2008. He was accepted to the electrical engineering Ph.D. program at UNL for Fall 2008, and continued his research with Dr. Lu.

Masoud encouraged the Scholars embarking on the McNair Summer Research Experience to "Take it very seriously. The foundation of your future career might be established at this stage."

In closing, Masoud thanked the McNair Staff for their continued support of his endeavors long after he graduated from the program. He urged the Scholars to work hard and stay connected with the program. He emphasized, "You have all the resources available to get your Ph.D., so use them."

Dr. Mahjouri Samani proudly earned his Ph.D. in Electrical Engineering on May 3. He secured a Postdoctoral Research Associate position at the Oak Ridge National Laboratory in Tennessee, which he began on May 6.

On a related note, Sahar Hasim will earn her Ph.D. in biological sciences in August 2013.

In a follow-up conversation, Masoud mentioned he was able to complete his Ph.D. in 5 years because he had a very clear set of goals and worked tirelessly towards his dream of being a faculty member at a university. Masoud advised, "Time will pass whether you like it or not. Use your time wisely and plan for your future. No fear now, no regret in the future."

Congratulations to Masoud and Sahar on their accomplishments!

## McNair Mentors Honored for Contributions

The support of our faculty, postdoctoral, and graduate student mentors are critical to the success of the UNL McNair Scholars Program. At the annual McNair Recognition Reception, awards were presented to a faculty member and a graduate student who have made significant contributions to the McNair Scholars Program and to our Scholars.



Alyssa Yeates, Dr. Melanie Simpson, and Brooke Micek

Dr. Melanie Simpson, Associate Professor of Biochemistry, received the 2013 McNair Faculty Appreciation Award. In presenting the award, Dr. Laurie Bellows noted that Dr. Simpson has mentored five McNair Scholars, and has twice served as a guest speaker at the McNair Scholars Orientation, sharing her story as a first-generation college student who persevered to complete her Ph.D. at the University of Minnesota. Scholars describe her as inspiring and passionate about research, noting how both qualities have helped them learn how to be better scientists. Brooke Micek said, "Her ability to show enthusiasm and meaning in each task presented has been most helpful to me".

McNair alum Katie Haferbier, a doctoral candidate at the University of Nebraska Medical Center noted, "Dr. Simpson was a wonderful mentor, and it was in her lab I found my interest in research. Her guidance and mentorship gave me the tools to be a successful graduate student."

The 2013 McNair Graduate Student Appreciation Award recipient was Mamur Hossain, a doctoral candidate in Mechanical Engineering and Applied Mechanics. Mamur's mentees noted that he has been a good friend and an even better mentor, taking them to lectures and seminars, introducing them to graduate school life, and the many research areas available in graduate school.

Joseph Tran remarked, "Mamur has been with me every step of the way while I learned to conduct research. His feedback has always been constructive and included great words of motivation."

Dr. Bellows thanked all the McNair faculty, postdoctoral, and graduate student mentors for their support and encouragement of our Scholars throughout the research process and preparation for later success in graduate school.



Joseph Tran, Mamur Hossain, and Christian Padilla

## Rei Alcalde Awarded NSF Fellowship

**Reinaldo Alcalde** has been awarded a 2013 National Science Foundation (NSF) Graduate Research Fellowship Program (GRFP), a highly competitive award reserved for outstanding students pursuing research-based graduate degrees.

For the 2013 competition, the NSF made 2,000 award offers from the over 13,000 applications received. The GRFP award also offers professional development opportunities through 3-12 month international research collaborations.

Rei, a UNL McNair Scholar from 2010 – 2013, conducted his 2011 McNair Summer Research project under the guidance of Dr. David Admiraal from the Department of Civil Engineering.

In 2012, Rei applied to the Committee on Institutional Cooperation (CIC) Summer Research Opportunities Program (SROP) and was accepted to work with Dr. Charles Werth, Professor and Associate Head of the Department of Civil and Environmental Engineering (CEE) at the University of Illinois at Urbana-Champaign.



Reinaldo Alcalde  
UNL McNair Scholar 2010-13

Rei's NSF proposal was based on the work he started during the CIC SROP. As part of his doctoral research, he will focus on developing technologies for contaminant abatement, optimizing bioremediation techniques, and improving water quality and production on a global scale.

For other undergraduates who are considering applying for an NSF Fellowship, Alcalde mentioned a website which was very helpful, <http://www.alexhunterlang.com/nsf-fellowship>, and he advised, "Look over essays from previous students along with the comments that are left by the reviewers."

Alcalde offered one final piece of advice about applying for an NSF Fellowship, "It is crucial to focus on broader impacts and intellectual merit. The reviewers seemed to place extra weight on this part of the proposal."

Alcalde, who earned his bachelor of science degree in civil engineering from UNL in May, has accepted an offer from the University of Illinois at Urbana-Champaign Department of Civil and Environmental Engineering and will begin his Ph.D. program in the fall.

In addition to the NSF GRFP Fellowship, Rei was awarded the CEE Distinguished Fellowship and the Surge Fellows from the University of Illinois Urbana-Champaign College of Engineering.

Congratulations, Rei on your wonderful achievements!

## UNL McNair Research Journal

In Fall 2010, the UNL McNair Scholars Program published its first edition of an online journal. The McNair Scholars Research Journal (MSRJ) is comprised of original journal articles written by scholars under the guidance of their faculty mentors. The MSRJ is hosted by Digital Commons, a website hosted by the UNL Libraries that aims to bring together and store all of UNL's research under one umbrella.

As of May 2013, articles from the MSRJ had been downloaded 2,802 times. In February 2013 alone, articles from MSRJ had 131 full-text downloads. The top downloaded articles in February - May 2013 were:

Child Sexual Abuse Victims and Their Families Receiving Services at a Child Advocacy Center: Mental Health and Support Needs. **Tara K. Cossel**, *The McNair Scholars Research Journal*, 2010. University of Nebraska-Lincoln. <http://digitalcommons.unl.edu/mcnairjournal/1/>

Insight and Locus of Control as Related to Aggression in Individuals with Severe Mental Illness (SMI). **Bethany L. Ridling**, *The McNair Scholars Research Journal*, 2010. University of Nebraska-Lincoln. <http://digitalcommons.unl.edu/mcnairjournal/2/>

Examining Attitudes on Organ Donation for Transplant: Amenability to Financial Incentives and Donor Benefits. **Karise Carillo**, *The McNair Scholars Research Journal*, 2010. University of Nebraska-Lincoln. <http://digitalcommons.unl.edu/mcnairjournal/3/>

Relationship of Obsessive-Compulsive Behaviors of Primary Caregivers with a History of Sexual Abuse and Perfectionism in Their Sexually Abused Children. **Alyssa Lundahl**, Tiffany West, Elaine Martin, Christopher Campbell, Jayci Vanderbeek, David J. Hansen. *The McNair Scholars Research Journal*, 2011. University of Nebraska-Lincoln. <http://digitalcommons.unl.edu/mcnairjournal/5/>

A Closer Look at the Assistant (to the) Regional Manager: Personality Differences Between First and Second in Command Leaders in Organizations. **Ross Benes**, *The McNair Scholars Research Journal*, 2013. University of Nebraska-Lincoln. <http://digitalcommons.unl.edu/mcnairjournal/8/>

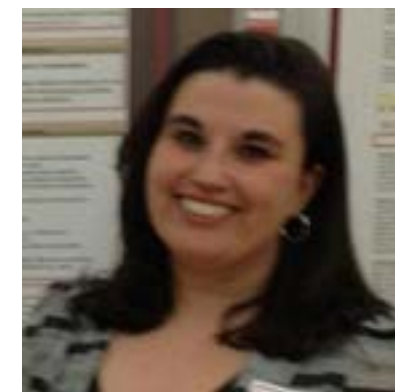
Access the MSRJ at: <http://digitalcommons.unl.edu/mcnair/>

**On Facebook** – The UNL McNair program created a Facebook page to facilitate communication between current McNair scholars and alumni. Current scholars can use Facebook to connect with one another and develop a stronger sense of community. Alumni can provide valuable insights for our current scholars and keep us up-to-date on their successes. **Look for UNL McNair next time you log into Facebook!**

## Kudos to McNair Scholars



**Moses Pacheco** was accepted to the 2013 Summer Research Opportunities Program (SROP) at Michigan State University. During the 10-week paid summer internship, he'll be working on a smart pavement monitoring system with Dr. Karim Chatti, Professor and Chair for Graduate Studies and Research, and Dr. Nizar Lajnef, Assistant Professor. Both professors are from the Department of Civil and Environmental Engineering.



**Maggie Gossard Schauer** (McNair Scholar, 2011-2013) was accepted to the Industrial/Organizational Psychology M.A./ Ph.D. program at the University of Nebraska-Omaha. She'll be working with Dr. Carey Ryan researching stigma and discrimination in the workplace.



**Eric Harmes** (McNair Scholar, 2011-2013) entered the counseling master's program at Doane College in May 2013. His career goal is to become a licensed mental health practitioner, as well as a drug and alcohol counselor.



**Bethany Ridling** (McNair Scholar, 2008-2011) was accepted to the Industrial/Organizational Psychology master's program at George Mason University in Fairfax, Virginia.

## Scholars Complete Honors Theses and Publications

### Honors Theses – Scholars who completed an original, thesis-length research project include:

**Ross Benes**, *A Closer Look at the Assistant (to the) Regional Manager: Personality Differences Between First and Second in Command Leaders in Organizations*. Supervised by Dr. Peter Harms, Department of Management.

**Maggie Gossard Schauer**, *Salads or Sandwiches: Investigating the Role of Exclusion and Rejection Sensitivity in Food-Related Compensation*. Thesis committee: Dr. Sarah Gervais and Dr. Richard Weiner, Department of Psychology.

**Eric Harmes**, *Associations Between Sexual Revictimization and Multiple Forms of Emotion Regulation*. Supervised by Dr. David DiLillo and Dr. Debra Hope, Department of Psychology.

### Publications – Scholars who authored and co-authored recent publications include:

**Reinaldo Alcalde**. (2012). Microbiologically Enhanced Mixing across Scales during in-situ Bioremediation of Uranium. *The McNair Scholars Research Journal*. University of Nebraska-Lincoln. <http://digitalcommons.unl.edu/mcnairjournal/7/>

**Ross Benes**. (2013). A Closer Look at the Assistant (to the) Regional Manager: Personality Differences Between First and Second in Command Leaders in Organizations. *The McNair Scholars Research Journal*. University of Nebraska-Lincoln. <http://digitalcommons.unl.edu/mcnairjournal/8/>

## Graduate School Path Takes Diaz to Australia



**Martin Diaz** (UNL McNair Scholar 2006-09) is pursuing his Ph.D. in the area of high performance solar cells at the University of New South Wales in Sydney, Australia.

When Martin Diaz accepted an admission offer to the electrical engineering Ph.D. program at the University of Delaware in 2009, he never imagined that his doctoral program would lead him to Australia.

In September 2011, when his advisor, Dr. Allen Barnett took a position at the University of New South Wales (UNSW) in Sydney, Martin was given the choice of staying at Delaware and working with his co-advisor or transferring to UNSW to continue his program under Dr. Barnett.

After completing his Ph.D. qualifying exam and becoming a Ph.D. candidate at the University of Delaware, he attended UNSW for a semester before he made his final decision to transfer there to complete his doctoral degree.

## Alumni News: Advanced Degrees

We applaud these UNL McNair alumni who earned advanced degrees during 2012-13:

### Doctoral degrees

**Masoud Mahjouri Samani** (McNair Scholar 2006-08) earned his Ph.D. in engineering from the University of Nebraska-Lincoln in May 2013. He has accepted a Postdoctoral Research Associate position at the Oak Ridge National Laboratory in Oak Ridge, Tennessee.

**Sahar Hasim** (McNair Scholar 2006-08) will complete her Ph.D. in biological sciences from the University of Nebraska-Lincoln in August 2013. Sahar has secured a Postdoctoral Research Associate position at the University of Tennessee beginning September 1, and she will be working with Dr. Todd Reynolds in the Department of Microbiology.

### Master's degrees

**Karise Carillo** (McNair Scholar 2009-11) earned her master's degree in criminal justice from the University at Albany-SUNY in December 2012. She is pursuing her Ph.D. in criminal justice at Albany, with a focus on comparative criminology of violence.

**Morgan Conley** (McNair Scholar 2008-10) earned her master's degree in counseling psychology from the University of Nebraska-Lincoln in May 2013, and is pursuing her Ph.D. program at UNL.

**Alan Goyzueta** (McNair Scholar 2009-11) earned his master's degree in mechanical engineering from the University of Nebraska-Lincoln in May 2013. Alan has accepted a position with Garmin in the Kansas City metro area.

**Michael Harpster** (McNair Scholar 2008-10) earned his master's of architecture degree from the University of Nebraska-Lincoln in May 2013. He has secured a position with Sinclair Hille Architects in Lincoln, Nebraska.

Martin is pursuing his Ph.D. in the area of high performance solar cells, and is currently a research assistant. He will apply to become a teaching assistant in a future semester.

Even though graduate school was more demanding than he expected, he felt he was able to adjust quickly. He observed, "It definitely demands more of your time and effort, but if you are studying something you are truly interested in then it will be much easier to find the time to devote to it."

The biggest challenge thus far in his graduate career was preparing for the Ph.D. qualifying exam and classes while still conducting research. However, his advisor understood the importance of completing the qualifying exam and helped Martin make that a priority.

Reflecting on his time as a McNair Scholar, Martin said he felt prepared for graduate study and felt significantly more prepared than his peers because of the guidance he received from the McNair Program. He noted, "The research experience I gained through the McNair Program prepared me for my graduate program at Delaware, which in turn prepared me for my graduate program at UNSW." Martin added, "I've felt one step ahead throughout my postgrad experience."

"During my undergraduate experience I never would have predicted that I would be pursuing a Ph.D. in Australia." Martin acknowledged, "I have enjoyed my entire postgrad experience and I would just like to thank everyone involved with the McNair Program for their dedication to the students."

## Honors, Awards, and Leadership Activities 2012-13

McNair Scholars continue to make an impact on the University of Nebraska-Lincoln campus and in the community through their volunteerism and leadership roles. This is a partial listing of their campus and community involvement:

**Bridget Agnew** – OASIS Certificate of High Scholarship; UCARE award; Dean's List; Student Support Services sociology tutor; Sociology 407/807 proctor; BioHuman Project research assistant; Bureau of Sociological Research and Dr. Julia McQuillan's student worker; Omaha Family Stress and Health Study research assistant; W.E.B. DuBois Honor Society; and African Student Association.

**Reinaldo Alcalde** – NSF Graduate Fellowship Award recipient; Honors Program; and 2012-13 UCARE Award.

**Emmille Baker** – UCARE award (2012-13 and 2013-14); research assistant in Dr. Debra Hope's lab and Dr. Sarah Gervais Subtle Prejudice lab; and Brentwood Estates volunteer.

**Ross Benes** – Susan Thompson Buffet Scholarship; Ruth E. Pike Scholarship; Psi Chi/ UPO; international students' conversation partner; Lincoln Literacy volunteer English instructor; and ASB wildfire relief in Ainsworth, Nebraska.

**Janeigh Castillo-Barraza** – 2013-14 UCARE Award; William H. Thompson Learning Community member and mentor; and Harley Elementary Tutor.

**Maggie Gossard Schauer** – Graduated With Distinction; Honors Program; Regents Scholarship; 2012-13 UCARE Award; 2013 Levine Diversity Research Enhancement Award; 2012-2013 Jensen Award for the best undergraduate psychology research project; Society for Personality and Social Psychology; Society for Industrial-Organizational Psychology; President of Psi Chi, Undergraduate Psychology Organization; Tau Sigma transfer student honors society; and President/ Co-founder of Individuals Commitment to the Achievement of Non-traditionals (I.C.A.N.).

**Eric Harmes** – Graduated with Distinction; Dean's List; undergraduate teaching assistant for PYSK 100 Career Planning for Psychology Majors; F. & J. Musgrave Scholarship; American Psychological Association-Student Affiliate; Psi Chi Honors Society; Child Maltreatment and Interpersonal Violence Special Interest Group; Association for Behavioral and Cognitive Therapies (ABCT); and Individuals Commitment to the Achievement of Non-traditionals (I.C.A.N.) - Vice President/ Co-founder.

**Jackie Hernandez** – 2013-14 UCARE Award and Nebraska College Preparatory Academy Scholarship.

**Erandi Herndon** – Honors Program; 2013-14 UCARE Award; Celebration of Excellence ceremony; UNL Honors Convocation; 2013-14 UCARE Award; Dean's List; Awards of Academic Excellence; NU Connections Nebraska Achievement Scholarship; Schramm Hall Resident Assistant; Lambda Theta Nu Sorority; and Mexican American Student Association.

**Kenneth Herron** – 2012-13 UCARE award; Howard and Judy Vann Student Leadership Award; 2013 McNair Recognition Reception emcee; OASIS Student Advisory Board; Melvin Jones Learning Community mentor; Vice Chancellor of Student Affairs Funding Review Committee; and Camp Kesem co-chair.

**Nathan Lilienthal** – UCARE Award (2011-12 and 2012-13).

**Brooke Micek** – UCARE Award (2012-13); Success Scholarship; Simpson Lab research assistant; Society of Women Engineers; Alpha

Lambda Delta and Phi Eta Sigma Honor Society.

**Dina Morales** – 2013-14 UCARE Award and the Susan Thompson Buffet Scholarship.

**Ivan Moreno** – UCARE Award (2012-13 and 2013-14); Dean's List; Dewey & Kelley Scholarship; William L. Bade Scholarship; William H. Thompson Scholar; and Chemistry Club Treasurer.

**David Pacheco** – 2013-14 UCARE Award; Society of Hispanic Professional Engineers Treasurer; Sigma Lambda Beta International Fraternity; Historian; Mexican American Student Association Vice-President; Malone Center/Centro de las Americas Golden Warriors Mentoring Program; and Society of Hispanic Professional Engineers Tutor.

**Moses Pacheco** – 2012-13 UCARE Award; Outstanding Student Leadership Award Finalist, OASIS Academic Recognition; Honors Program; Homecoming Royalty; Chi Epsilon Honors Society; W.E.B. DuBois Honors Society; Nebraska Achievement Scholarship; Beta Tau - Delta Tau Delta Scholarship; American Society of Civil Engineers; Society of Hispanic Professional Engineers UNL Student Chapter Founding President; Sigma Lambda Beta Fraternity Community Service Chair; Mexican American Student Association; and Roads, Rails, and Race Cars After School Program introduction to transportation engineering mentor for middle school student.

**Christian Padilla** – UCARE Award (2011-12 and 2012-13).

**Nina Quiñones** – UCARE Award for 2012-13; W.E.B. Du Bois Honor Society; and Mexican American Student Association.

**Olivia Reinert Gehman** – Regents Scholarship; Honors Program; 2013-14 UCARE Award; Lilian G. Portenier Psychology Scholarship; Secretary of Phi Sigma Pi Honors Fraternity; and Vice President of Psi Chi Psychology Honors Society.

**Eric Reiss** – 2013-14 UCARE Award; Earth & Atmospheric Sciences Alumni Banquet 2012 Stracher Award; American Association of Petroleum Geologists (AAPG) Foundation L. Austin Weeks grant; member of UNL's AAPG student chapter; Morrill Hall "Dinosaurs and Disasters" volunteer; and Buffet Middle School in Omaha introduction to geology guest speaker for sixth grade science.

**Elia Soto** – 2013-14 UCARE Award; Research Assistant UNL Developmental Cognitive Neuroscience Lab; Kenneth Randall Scholarship; and Giving Thanksgiving Food Volunteer for Center for People in Need.

**Jason Thomas** – UCARE Awards (2012-13 and 2013-14); Honors Program; SUCCESS Scholars Program; Neihardt Floor President; W.E.B. Du Bois Honor Society; and People's City Mission volunteer.

**Joseph Tran** – UCARE Awards (2012-13 and Summer 2013); Engineering Librarian Assistant, UNL Biomedical Engineering Society, and Academic Competitiveness Grant.

**Alyssa Yeates** – 2013-14 UCARE Award; Dean's list; Humanities in Medicine treasurer and executive committee; Lincoln Humane Society volunteer; George and Mary Haskell Scholarship; and National Society for Collegiate Scholars.

*The McNair Program is a focused, comprehensive program that provides much more than advice on how to prepare for entrance to a graduate program. Participating Scholars become an integral part of a learning community, receiving support from each other, McNair Program staff, UNL faculty, and other resources as they develop the research skills they need to prepare for the next stage in their educational careers.*

# Making the Most of Research Conferences

by Alyssa Lundahl

Attending research conferences as an undergraduate or graduate student is a great way to meet influential researchers in your field of study, get ideas for future research, and cultivate a professional presence. Research conferences can also be somewhat overwhelming, however. With thousands of people in attendance and a jam-packed schedule, being organized is essential. Follow the tips below to become a successful conference attendee.

Before the Conference:

- Read the conference program to become familiar with the topics and speakers. Determine which poster sessions and/or symposiums you want to attend and record the names of those presenters you wish to speak with. By carefully reviewing the program and identifying the speakers and topics of greatest interest, you can begin to construct an agenda for each day of the conference in order to most effectively make use of your time.
- Review articles and/or books written by speakers and write down specific questions about how they conducted their research. It is always a good idea to have questions prepared ahead of time. If your questions are not relevant to the larger audience (e.g., it relates to your personal research), you can ask them privately at the end of the session.
- Bring your McNair business cards with you (at least 50). Keep your business cards simple. They should include your name, affiliation, address, cell phone, and email address. Be sure to use a font and type size that is easy to read.
- Practice how you will introduce yourself. A good introduction consists of a 30-second blurb about you and your research. It may also be useful to practice shaking hands to ensure that your handshake is neither too weak nor too strong. You want to make sure that your first impression will be a favorable one.

During the Conference:

- Arrive at the hotel early so you have time to become familiar with the hotel layout and to purchase any items that you may have forgotten to pack. Look for eating establishments near the hotel. Hotel food prices can be high and finding alternative restaurants can save you money. It's usually helpful to also find a large drug store near the hotel to purchase last-minute necessities.
- Pack a box of protein bars or a bag of nuts. It's always a good idea to have a mini-meal available at all times!
- Go to the orientation session. Not only will this session welcome you to the conference, but will provide you with tips on how to navigate the program booklet and conference, as well as serve as your first networking opportunity.
- Take notes or carry a voice recorder for recording your own thoughts. A voice recorder is great for instant note-taking and will be an invaluable memory jogger when you return home. Find a quiet spot immediately after a session to record a summary of what you have learned from the session. A brief summary in your own words will be more useful than a recording of the entire session. A word of caution: speakers often request that taping of their presentations not be done.

- Dress professionally and appropriately. It's impossible to keep conference room temperatures comfortable for everyone. Prepare for fluctuating temperatures by wearing lightweight clothing and keeping a sweater or jacket with you. Check the weather in the convention city before leaving home so you know how to pack.
- Wear your nametag on the left side. Then, when you shake hands, it remains visible. Do not take the nametag off until you are back in your hotel room for the night.
- Plan your meals. Lighter meals during the day make it easier to remain awake during the sessions.
- Arrive at each session early enough to get the seat of your choice.
- Attend as many conference social functions as you can.
- Keep your cell phone in your hotel room to avoid unnecessary distractions or turn it off.
- While waiting for the session to begin, look through any handout materials and highlight topics you want to hear more about. Reread the questions you prepared before the conference. By knowing what to listen for, you will listen more intently.
- Check the program addendum. Often there are speaker changes, additions, or room changes.
- Ask for business cards. As soon as you are given someone's card, write something distinctive about that person on the back of the card. This will give the card some meaning when you empty your pocket or bag at the end of the day.
- Start conversations. Don't be shy! Speak to anyone wearing a convention badge. Ask, "Where do you come from/go to school/do your training or who do you know?" These questions require more than a yes/no answer and are a good way to start the ball rolling.
- Refrain from drinking alcohol at the convention or around anyone you are interested in collaborating with in the future or with whom you simply want to maintain a professional relationship.
- Plan your departure. With hundreds of conferees checking out at the same time, checkout can be hectic. Ask for a copy of your charges the evening before your departure so that you can review it in your room and solve problems leisurely. Buy your shuttle ticket to the airport in advance and confirm your seat for the return trip.

After the Conference:

- Make use of the conference material and learn from it. Read or listen to your notes on the way home.
- Organize the business cards you collected and enter them into your electronic address book.
- Send thank-you notes or emails. Sending a short and specific thank-you note makes you stand out in the crowd and reinforces your introduction! Short follow-up notes to newly-made friends can result in life-long professional relationships.

Adapted from: <http://abct.org/>

Funded by the Department of Education and housed in UNL's Office of Graduate Studies, the McNair Program prepares undergraduate students for doctoral studies through involvement in research and other scholarly activities. Participants demonstrate strong academic potential and are first generation college students who meet maximum financial guidelines or are members of groups underrepresented in graduate education.

# Scholars Share Research at Conferences

McNair Scholars reported their research at numerous local, regional, and national conferences:

- Emmille Baker – Baker, E.A., & Gervais, S.J.** (2013, April). *When the Lady in Red Becomes Blue: The Objectification Model and Social Anxiety*. Poster presented at the University of Nebraska-Lincoln Undergraduate Research Conference, Lincoln, Nebraska.
- Baker, E.A., & Garbin, C.** (2013, April). *A Path Analysis: Social Support and Clinical Disorders Related to Men and Women's Trait Anxiety*. Poster presented at the University of Nebraska-Lincoln Undergraduate Research Conference, Lincoln, Nebraska.
- Baker, E.A.** (2013, March). *Science and Gender Matters*. Student Panel at the University of Nebraska-Lincoln No Limits Conference, Lincoln, Nebraska.
- Baker, E.A., & Gervais, S.J.** (2013, March). *Relations Between Social Anxiety, Objectification Experiences, and Self-Objectification*. Poster presented at the University of Nebraska-Lincoln No Limits Conference, Lincoln, Nebraska.
- Baker, E.A., Gervais, S.J., & Garbin, C.** (2012, November). *The Effect of Body Shame, Body Surveillance, and a Shirt Manipulation on Math Performance and Anxiety*. Poster presented at the National Psychological Society Convention (NPS/PERK), Hastings College, Hastings, Nebraska.
- Ross Benes – Harms, P.J., & Benes, R.** (2013, April). *A Closer Look at the Assistant (to the) Regional Managers: Personality Differences Between First and Second in Command Leaders in Organizations*. Co-authored paper presented by Professor Harms at the Society for Industrial and Organizational Psychology Conference, Houston, Texas.
- Benes, R.** (2013, April). *Examining Income, Age of Onset, and Harmful Alcohol Usage Using a Moderation Effect*. Poster presented at the University of Nebraska-Lincoln Undergraduate Research Conference, Lincoln, Nebraska.
- Maggie Gossard Schauer – Gossard, M., & Gervais, S.** (2013, April). *Sandwiches or Salads: Investigating the Role of Exclusion and Rejection Sensitivity in Food-Related Compensation*. Poster presented at the University of Nebraska-Lincoln Undergraduate Research Conference, Lincoln, Nebraska.
- Gossard Schauer, M.,** (2013, March). *Science and Gender Matters*. Student Panel at the University of Nebraska-Lincoln No Limits Conference, Lincoln, Nebraska.
- Gossard Schauer, M., & Gervais, S.** (January, 2013). *Salads or Sandwiches: Investigating the Role of Exclusion and Rejection Sensitivity in Food-Related Compensation*. Poster presented at the Society for Personality and Social Psychology at the Ernest M. Convention Center, New Orleans, Louisiana.
- Eric Harmes – Iturbide, M. I., Ryan, T. J., Harmes, E. J., DiLillo, D. K., Dykstra, R. E., Messman-Moore, T., & Gratz, K. L.** (2013, April). *Alcohol use, emotion dysregulation, and dysfunctional sexual behaviors in African American women with a history of child abuse*. Poster presented at the biennial meeting for the Society of Research on Child Development, Seattle, WA.
- Harmes, E. J., Iturbide, M. I., Jaffe A., Dykstra R. E., Gratz, K. L., Messman-Moore, T., & DiLillo, D.** (2012, November). *The Associations Between Sexual Revictimization and Multiple Forms of Emotion Regulation*. Poster presented at the 46th Annual Association for Behavioral and Cognitive Therapies (ABCT) Convention, National Harbor, MD.
- Nathan Lilienthal – Lilienthal, N., & Secord, R.** (2013, April). *Body Size Trends in Ice Age (Pleistocene) Horses from the Great Plains*. Poster presented at the University of Nebraska-Lincoln Undergraduate Research Conference, Lincoln, Nebraska.
- Olivia Reinert-Gehman – Reinert-Gehman, O., Rai, K., & Stoltenberg, S.** (2013, April). *The rs6313 SNP of 5-HTR2A Gene Not Associated With Working Memory*. Poster presented at the University of Nebraska-Lincoln Undergraduate Research Conference, Lincoln, Nebraska.
- Moses Pacheco – Pacheco, M.** (2013, April). *Body of Knowledge – Is it Ethical to Associate Credentials with Competency*. Mid-Continent Student Conference, Southern Illinois University Edwardsville.
- Pacheco, M.** (2013, April). *Crashworthy Pedestrian Rail*. Poster presented at the University of Nebraska-Lincoln Undergraduate Research Conference, Lincoln, Nebraska.
- Nina Quiñones – Quinones, N., & Garbin, C.** (2013, April). *Demographic, Social and Romantic Predictors of Self-Esteem Among Young Adults*. Poster presented at the University of Nebraska-Lincoln Undergraduate Research Conference, Lincoln, Nebraska.



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